

## TAZA SABZI

TARKA DALL (Lentils garnished with garlic) .....	£3.50
CHANA MASSALA (Chick peas) .....	£3.50
CHANA ALOO (Chick peas with potatoes) .....	£3.50
SAG DALL (Spinach and lentils) .....	£3.50
ALOO MOTOR (Potatoes and Peas) .....	£3.50
SAG ALOO (Spinach and Potatoes) .....	£3.50
BOMBAY ALOO (Spicy potatoes) .....	£3.50
ALOO GOBI (Potato and Cauliflower) .....	£3.50
VEGETABLE BHAJEE (Dry south Indian vegetable dish) .....	£3.50
GOBI BHAJEE (Cauliflower with spices) .....	£3.50
MUSHROOM BHAJEE .....	£3.50
SAG BHAJEE (Spinach in a special recipe) .....	£3.50
BRINJAL BHAJEE (Aubergine) .....	£3.50
BRINJAL ALOO (Aubergine & potatoes) .....	£3.50
BHINDI BHAJEE (Okra or Ladies finger) .....	£3.50
SAG PANEER (Spinach and cottage cheese) .....	£3.50
MOTOR PANEER (Peas and Cottage cheese) .....	£3.50
KEEMA SAG (Spinach and Minced lamb) .....	£3.50
ALOO SAG GOBI BALTI (Main) .....	£6.95
A medium Balti dish with potatoes, spinach and cauliflower.	
MIRCHI SABZI (Main) .....	£6.95
A dry and hot dish cooked with mix vegetables and green chillies..	

## ENGLISH MEALS

CHIPS .....	£2.15
STEAK AND CHIPS .....	£9.95
SCAMPI AND CHIPS .....	£7.95
CHICKEN NUGGETS AND CHIPS .....	£7.95

# BUFFET

Why not try our  
SUNDAY LUNCH  
SPECIAL BUFFET

From 12pm to 3pm

### MENU

Onion Bhajee  
Chicken Tikka  
Vegetable Pakora  
Chicken Tikka Massala  
Lamb Balti  
Vegetable Curry  
Sag Aloo  
Pillao Rice  
Nan Bread & Green Salad

ADULT £9.95

CHILD (UNDER 12) £5.95

## RICE & NAN BREAD

BOILED RICE .....	£2.15
PILLAO RICE .....	£2.50
FRIED RICE .....	£2.95
GARLIC RICE .....	£2.95
MUSHROOM RICE .....	£2.95
PEAS RICE .....	£2.95
COCONUT RICE .....	£2.95
LEMON RICE .....	£2.95
SPECIAL RICE .....	£2.95
ARABIAN RICE .....	£3.50
(Cooked with fruit salad, coconut and cashew nut)	
KEEMA RICE .....	£2.95
VEGETABLE RICE .....	£2.95
EGG RICE .....	£2.95
JEERA RICE .....	£2.95
(With onions, jeera and green chilli)	
PESHWARI RICE .....	£3.50
(With carrots, onions, sultana and almond)	
NAN .....	£2.15
PESHWARI NAN .....	£2.50
KEEMA NAN .....	£2.50
GARLIC NAN .....	£2.50
KULCHA NAN .....	£2.50
(Stuffed with onions, potatoes and coriander)	
SAG NAN .....	£2.95
CHEESE NAN .....	£2.95
SPECIAL NAN .....	£3.50
(Stuffed with spinach, mushroom, mince lamb and cheese on top)	
TIKKA NAN .....	£3.50
(Stuffed with chicken tikka and cheese on top)	
POROTHA .....	£2.50
STUFFED POROTHA .....	£2.50
(With onions and potatoes)	
CHAPATI .....	£1.50
TANDOORI ROTI .....	£2.50
PUREE .....	£1.50
RAITHA (Plain or onion or cucumber) .....	£1.50
PAPADOM .....	£0.75
SPICY PAPADOM .....	£0.75
MANGO CHUTNEY .....	£0.75
MINT SAUCE .....	£0.75
ONION SALAD .....	£0.75
LIME PICKLE .....	£0.75
RED SAUCE .....	£0.75
GREEN SALAD .....	£1.50

### ALLERGY

Some dishes contain nuts and nut extracts,  
Please ask staff for more information.

We use only fresh chicken breast off the bone.

If there is a dish you like and which is  
not in our menu, please ask our staff,  
if circumstances allow us, our chef will  
be pleased to prepare it for you.



**MOWCHAK**  
BAR RESTAURANT TAKEAWAY



**MOWCHAK**  
BAR RESTAURANT TAKEAWAY

**10% DISCOUNT**  
ON ALL TAKEAWAY ORDERS OVER £12.00

MINIMUM CARD TRANSACTION £10  
UNDER £10 THERE IS A 60P CHARGE

**OPENING HOURS**  
7 DAYS A WEEK  
(INCLUDING BANK HOLIDAYS)

MONDAY TO	12.00PM - 2.30PM
SATURDAY	5.30PM - 11.30PM
FRIDAY	5.30PM - 11.30PM
SUNDAY	12.00PM - 3.00PM 5.30PM - 11.30PM

**GOOD OLD MOWCHAK**  
is  
**BACK**  
(SAME STAFF & MANAGEMENT)

### COMMENTS

At Mowchak, every individual dish is prepared with  
great care, but a little thing can go wrong, please do  
not hesitate to make your comments.

WE CATER FOR LARGE PARTIES,  
EXTERNAL EVENTS & SPECIAL OCCASIONS

**01494 485 005**

WYCOMBE ROAD, STOKENCHURCH,  
BUCKS, HP14 3RR

**WWW.MOWCHAK.COM**

## STARTERS

Served with mint yoghurt and fresh salad.

ONION BHAJEE . . . . .	£2.95
SAMOSA (Lamb or Vegetable) . . . . .	£2.95
CHAAT (Chicken or Potatoes) . . . . .	£2.95
VEGETABLE PAPRI (With tamarind sauce) . . . . .	£2.95
VEGETABLE PAKORA ( In special batter) . . . . .	£2.95
CHICKEN PAKORA (In special batter). . . . .	£3.95
GARLIC MUSHROOM (Medium spiced mushrooms served with garlic) £3.25	
ZAAL ALOO MUSHROOM . . . . .	£3.95
(Spicy mashed potatoes coated with breadcrumbs, served with mushrooms)	
STUFFED PEPPER (Lamb or Vegetable) . . . . .	£3.95
STUFFED TOMATOES (Prawns & mushrooms with hot & sour sauce) . £3.95	
CHICKEN CHOKE (chicken Cake) . . . . .	£3.95
MASS VORA (Fishcake) . . . . .	£3.95
SHEEK KEBAB . . . . .	£3.50
SHAMI KEBAB (minced lamb burger) . . . . .	£3.50
MIXED KEBAB (Chicken Tikka, Sheek Kebab & Onion Bhajee) . . . . .	£3.95
RASHMI KEBAB (Shami kebab wrapped in fried egg) . . . . .	£4.25
NARGIS KEBAB . . . . .	£4.25
(Boiled egg wrapped in mince meat served with medium sauce)	
CHILLIES KEBAB . . . . .	£4.50
(Chicken or Lamb tikka cooked with green chillies, green pepper, onions, tomatoes and chef's special sauce)	
TANDOORI CHICKEN (a platter of 1/4 tandoori chicken) . . . . .	£3.95
CHICKEN OR LAMB TIKKA . . . . .	£3.95
DUCK TIKKA . . . . .	£4.50
SALMON TIKKA (Marinated in chefs own sauce & served with fried onions) £5.50	
TANDOORI KING PRAWN. . . . .	£6.50
KING PRAWN BUTTERFLY (Coated with breadcrumbs) . . . . .	£6.50
KING PRAWN SUKA (With tamarind sauce) . . . . .	£6.50
KING PRAWN PUREE (Served on Puffy bread) . . . . .	£6.50
PRAWN PUREE . . . . .	£4.25
TIKKA ON PUREE (Chicken or Lamb). . . . .	£3.95
PANEER ON PUREE (Cottage cheese) . . . . .	£3.50
MUSSELS (Indian style) . . . . .	£6.50
CRAB (Lightly spiced crab meat) . . . . .	£7.50

## CHEFS RECOMMENDATIONS

### CHOM CHOM

A dry and spicy dish cooked with fried potatoes, green pepper, onions, tomatoes and chefs special sauce. Madras strength.

### CHATPATI

A dry and spicy combination cooked with fried onions and garlic, slightly flavoured with famous Bangladeshi naga chilli.

### MUGHLAI

A dry dish, stir fried with red & green peppers, onions, cooked with tomatoes, fresh garlic, herbs, chana dall and chef's special recipe.

### ROSHNI

A medium hot dish cooked with cashew nut, fresh tomato, stir fried with cloves of garlic and chefs own sauce.

### SHIRAZI

A sweet and sour medium hot dish cooked with slight touch of tamarind sauce.

### JOYPURI

A medium dish cooked with mushroom, green pepper, onions and chefs special sauce.

### DELIGHT

Mild sauce of almond, coconut, fresh cream, tamarind, yogurt, pumpkin, fresh coriander and ground spices.

### MANGO DELIGHT

A mild dish cooked with fresh mango, almond, cream, yogurt in a blend of unique sauce.

### ALL THE ABOVE DISHES COULD BE MADE AS:

Chicken . . . . .	£8.50	King Prawn . . . . .	£12.95
Lamb . . . . .	£8.50	Vegetable . . . . .	£6.95
Prawn . . . . .	£9.50	Duck . . . . .	£9.95

## CHEFS RECOMMENDATION

### CHICKEN NAWABI . . . . . £10.50

Finely chopped up fresh chicken breast cooked with plenty of garlic, ginger, onions, green pepper, bit of green chilli and touch of cream. Medium hot and thick sauce.

### FRUITY CHICKEN . . . . . £10.50

A fruity mild creamy curry cooked with finely chopped up chicken, garlic, coriander, onions, fresh tomatoes, cream, fruit salad, cashew nut, sultana and chefs special recipe.

### MOZA CHICKEN. . . . . £8.50

A medium hot dish cooked with tandoori chicken (off the bone), spinach, mince meat and unground spices.

### CHICKEN MOSOLANI. . . . . £9.50

Chicken breast stuffed with spinach and cheese cooked in a medium hot sauce of mince meat, onions, green pepper and herbs.

### CHEFS SPECIAL BIRYANI

A special creamy blend of chefs recipe cooked with onions, fresh tomato, cucumber, garlic, sultana, almond, cashew nut, cream, herbs and basmati rice served with medium hot vegetable curry.

Chicken or Lamb . . . . . £10.25    Vegetable . . . . . £8.95

Chicken or Lamb Tikka . £10.95    Duck Tikka . . . . . £11.95

Prawn . . . . . £10.55    King Prawn . . . . . £13.95

### BIRYANI

Cooked with basmati rice and served with medium hot vegetable curry.

Chicken or Lamb . . . . . £9.25    Vegetable . . . . . £7.95

Chicken or Lamb Tikka . . £9.95    Duck Tikka . . . . . £10.95

Prawn . . . . . £9.50    King Prawn . . . . . £12.95

## TANDOORI SPECIALITIES

All meals are fat free as cooked in a charcoal oven. Marinated for 24 hours and cooked only after you order. Served with mint yoghurt and fresh salad.

### TANDOORI CHICKEN . . . . . £7.95

Half spring chicken on the bone marinated with delicate spices and herbs.

### CHICKEN TIKKA OR LAMB TIKKA . . . . . £7.50

Diced boneless tikka pieces marinated and mildly seasoned, roasted in tandoori oven.

### DUCK TIKKA . . . . . £8.90

### SALMON TIKKA . . . . . £10.50

Marinated in garlic, yogurt and coriander cooked in clay oven and served with fried onions.

### TANDOORI KING PRAWN . . . . . £12.50

### CHICKEN OR LAMB SHASLICK . . . . . £8.50

Marinated chicken or lamb barbecued in tandoori oven with green pepper, onions and tomatoes.

### KING PRAWN SHASLICK As above. . . . . £13.95

### TANDOORI MIXED GRILL . . . . . £10.95

A platter of 1/4 tandoori chicken, chicken tikka, lamb tikka and sheek kebab barbecued in our charcoal tandoori oven. Served with green salad.

## LEAVE IT TO CHEF

Our chef will prepare on his preference, a selection of dishes, on the number of people in your party. Please indicate to our staff if any dish you particularly wish to be included.

### 5 COURSE MEAL . . . . . £17.95 per person

### 5 COURSE VEGETARIAN MEAL . . . . . £13.95 per person

## THALI

### VEGETABLE THALI . . . . . £11.95

Vegetable makhani, bhindi bhajee, mushroom bhajee, dall, pillao rice, nan and raitha.

### NON VEGETABLE THALI . . . . . £13.95

Chicken bhuna, lamb pasanda, kufta massala, chicken sag, pillao rice, nan and raitha.

### MOWCHAK SPECIAL THALI. . . . . £15.95

Prawn bhuna, tandoori chicken, vegetable bhajee, lamb sag, dall, pillao rice, nan and raitha.

## HOUSE SPECIALITIES

### KUFTA MASSALA. . . . . £7.95

Spicy mince meat balls cooked with onions, green peppers and herbs. Medium hot.

### KEEMA MOTOR. . . . . £7.95

Mince meat and peas cooked in chefs special recipe. Medium hot.

### MOWCHAK SPECIAL (CHICKEN OR LAMB) . . . . . £11.95

Either chicken tikka or lamb tikka cooked in medium minced lamb sauce with boiled egg in it, served with special pillao rice.

### TANDOORI MURGH MASSALA . . . . . £8.95

Off the bone 1/4 Tandoori Chicken cooked in a medium sauce of minced lamb, with boiled egg, onions, tomatoes and fresh herbs.

### CHICKEN LABABDAAR . . . . . £8.95

A marinated whole fillet of chicken breast cooked with mushrooms, potatoes, black pepper and coriander in a creamy sauce.

### GOLDEN CHICKEN CURRY . . . . . £8.50

Strips of chicken cooked with spring onions in special sauce, served with thin omelette on top.

### HONEY CHICKEN. . . . . £ 8.95

A sweet irresistible blend of tender pieces of chicken infused with honey and cooked with almonds.

## HOUSE SPECIALITIES

### AVADA

A creamy yet spicy curry in a blend of chef's own green sauce.

### SHAHI BOTHA

A creamy spicy dish cooked with fresh mushrooms, herbs and spices.

### SATKORA

Medium hot dish cooked with traditional bangladeshi citrus fruit to give a tangy taste.

### NARIYANA

Mild to medium curry cooked with baby coconut meat and tomatoes..

### REZELLA

Lightly spiced dish cooked with pistachio, cashew nuts and touch of cream.

### MAKHANI

A creamy curry flavoured with ginger, garlic, almonds and lots of coriander.

### JEERA

A medium, savoury dish, stir fried in cumin seeds and turmeric.

### GARLIC

A medium dish cooked with generous helping of garlic.

### ACHER

A medium curry cooked with sliced onions, green pepper and unground garam massala.

### ALL THE ABOVE DISHES COULD BE MADE AS:

Chicken Tikka or Lamb Tikka . . . . . £8.50

King Prawn . . . . . £12.95

Vegetable . . . . . £6.95

## SEAFOOD SPECIALITIES

### KING PRAWN CHILLIES KEBAB. . . . . £12.95

A chilli hot dish with green peppers & onions in chef special recipe.

### JINGA MASSALA. . . . . £12.95

King Prawns in shell cooked with spinach. Medium dish.

### KING PRAWN CHADNI . . . . . £13.50

Tandoori king prawns cooked in fresh herbs and delicate spices. Thick medium sauce.

### BUALL MASSALA . . . . . £8.50

Bangladeshi fresh water fish cooked with olives, fresh tomatoes, onions and coriander. Thick bones, can be easily picked. Medium hot.

### DOORA MACHLI. . . . . £13.50

Salmon fillet and King Prawns cooked in thick spicy sauce, served on a sizzling platter.

### SALMON COUS COUS. . . . . £11.95

Crispy grilled salmon served with cous cous

### KING PRAWN NOODLES . . . . . £14.95

Lightly spiced king prawns cooked in fish stock. Served with noodles.

## POPULAR DISHES

### MASSALA

A delicate blend of aromatic spice and herbs, simmered in tomatoes, butter and cream.

### PASANDA

A creamy mild curry cooked with fresh cream, yogurt and mixed with ground nuts.

### KORAI

Medium dish with green pepper, onions and unground massala. Thick sauce.

### NAGA

A hot dish cooked with famous bangladeshi Naga chilli pickle. plenty of sauce.

### JALFREZI

A hot and dry dish cooked with green pepper, onions and green chillies.

### MUNG MASSALA

Medium dish cooked with mung lentil.

### ALL THE ABOVE DISHES COULD BE MADE AS:

Chicken or Lamb Tikka . . £8.50    Tandoori King Prawn . . £12.95

Duck Tikka. . . . . £9.50    Vegetable . . . . . £6.95

## SAG DISHES

Medium dish cooked with spinach and herbs.

Chicken or Lamb . . . . . £7.95    King Prawn . . . . . £11.95

Chicken or Lamb Tikka . . £8.95    Prawn . . . . . £7.95

Duck Tikka. . . . . £8.95    Vegetable . . . . . £6.95

## MALAYAN

A fruity mild curry cooked with pineapple and lychee.

Chicken or Lamb . . . . . £6.95    King Prawn . . . . . £9.95

Chicken or Lamb Tikka . . £7.50    Prawn . . . . . £7.50

Duck Tikka. . . . . £8.50    Vegetable . . . . . £5.95

## BALTI DISHES

Balti is a pakistani dish, slightly hotter and spicy than normal curry. It is cooked in a special pot to bring out the original aroma of the spices. All dishes can be cooked as a balti dish at an extra 30p surcharge.

## TRADITIONAL DISHES

### KHURMA

A very mild dish cooked with almond, coconut and pure ghee.

### BHUNA

A medium hot dish cooked with onions, green pepper and fresh herbs.

### DUPIAZA

A medium dish cooked with cube of onions, green pepper, ground spices, coriander and fenugreek leaves.

### ROGON

A medium hot spicy northern Indian dish cooked with fresh tomatoes.

### METHI

A medium, savoury dish cooked with fenugreek leaves.

### DANSAK

Sweet , hot and sour cooked with lentils.

### PATHIA

Sweet, hot and sour.

### MADRAS

Fairly hot

### VINDALOO

Very hot

### PHAAL

Extremely hot

Chicken. . . . . £6.45    Duck Tikka. . . . . £8.50

Lamb . . . . . £6.45    Prawn . . . . . £6.65

Vegetable . . . . . £5.50    King Prawn . . . . . £9.50

Chicken or Lamb Tikka . . £7.50